

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am – Trinity United Church Service 2pm- 1:1 Pampering 2:30pm- Living Faith Assembly Church 3pm- Coffee Shop	2 11:15am – Tai Ch 2pm- Kurling Kounters 3pm- Coffee Shop 6:30pm- Bingo with Joyce	3 8:30am – Kirkland Fried Eggs 9:30am- Fitness with Linda 11am – Paraffin Wax Treatments 1:40pm- Bowling 3pm- Coffee Shop 6:30pm- Bingo	4 9:30am – Fitness Video 11am – <b>Music &amp; Memories with Judy</b> 12:15pm- Dinner Party Group 1 2pm- R.C. Mass(French) 2:30pm- Pumpkin Spice Smoothies 6:30pm- O.K.O.	5 8:30am – Teck Fried Eggs 9:30am- Fitness with Linda (Lounge) 11am – Paraffin Wax Treatments (Family D.R.) 2pm- <b>Poutine Social</b> (Red Pines D.R.) <i>Sukkot</i>	6 2pm- Bocce Ball 3pm- Coffee Shop & Colouring Club 6:30pm- <b>Autumn Bingo</b>	7 2pm- <b>Thanksgiving Card Making</b> 3pm- Coffee Shop
8 12:15pm <i>Thanksgiving Dinner</i> 3pm- Coffee Shop	9 <b>No Activities Today</b>  <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 8:30am – Kirkland Fried Eggs 9:30am- Fitness with Linda & Joyce 11am – Paraffin Wax Treatments 1:40pm- Bowling 3pm- Coffee Shop	11 9:30am – Fitness with Linda 12:15pm- Dinner Party Group 2 2pm- R.C. Mass 2:30pm- Pumpkin Spice Sundae 6:30pm- O.K.O.	12 8:30am – Teck Fried Eggs 9:30am- <b>Breast Cancer Awareness Walk &amp; Roll</b> 11am – Paraffin Wax Treatments 2pm- <b>Auxiliary Birthday Party</b>	13 2pm- Pass the Penny 3pm- Coffee Shop & Colouring Club 6:30pm <b>Friday the 13<sup>th</sup> Campfire</b>	14 2pm- I Got It 3pm- Coffee Shop
15 2pm- 1:1 Pampering 2:30pm- Brethren In Christ Church Service 3pm- Coffee Shop	16 11:15am – Tai Ch 2pm- <b>Singing &amp; Smiling with Linda Henry</b> 3pm- Coffee Shop 6:30pm- Bingo with Joyce	17 8:30am – Kirkland Fried Eggs 9:30am- Fitness with Linda & Joyce 11am – Paraffin Wax Treatments 12:15pm- <i>October Birthday Luncheon</i> 1:40pm- Bowling 3pm- Coffee Shop	18 9:30am – Fitness with Linda 11am – <b>Music &amp; Memories with Judy</b> 12:15pm- Dinner Party Group 3 2pm- R.C. Mass 2:30pm- Pumpkin Spice Milkshake 6:30pm- O.K.O.	19 8:30am – Teck Fried Eggs 9:30am- Fitness with Linda & Joyce 10:30am – St. Peter's Anglican Church Service 11am – Paraffin Wax Treatments 12:15pm- <i>October Birthday Luncheon</i> 2pm- <b>Travel Club - Prague with Stephanie</b>	20 2pm- Pass the Penny 3pm- Coffee Shop & Colouring Club 6:30pm- <b>Painting with Dayna</b>	21 2pm- <b>Gift Tag Making</b> 3pm- Coffee Shop
22 2pm- 1:1 Pampering 2:30pm- Wesleyan Church Service 3pm- Coffee Shop	23 11:15am – Tai Ch 2pm- Curling 3pm- Coffee Shop 6:30pm- Bingo with Joyce	24 8:30am – Kirkland Fried Eggs 9:30am- Fitness with Linda & Joyce (Lounge) <b>10am – 2pm SILVERT'S CLOTHING</b> 11am – Paraffin Wax Treatments 2pm- Bowling (Red Pines D.R.) 3pm- Coffee Shop	25 9:30am – Fitness with Linda 11am – <b>Residents' Council General Meeting</b> 12:15pm- Dinner Party Group 4 2pm- R.C. Mass 2:30pm- Pumpkin Spice Ice-cream Cones 6:30pm- O.K.O.	26 8:30am – Teck Fried Eggs 9:30am- Fitness with Linda & Joyce 11am – Paraffin Wax Treatments 1:40pm- <b>Auxiliary Bingo</b> 3pm- Coffee Shop	27 2pm- Pass the Penny 3pm- Coffee Shop & Colouring Club 6:30pm- <b>Pub Night with John &amp; Barb</b>	28 2pm- I Got It 3pm- Coffee Shop
29 2pm- 1:1 Pampering 2:30pm- Tower Street Baptist Church Service 3pm- Coffee Shop	30 11:15am – Tai Ch <b>1:15pm-3:15pm KL Mall Outing</b> 3pm- Coffee Shop 6:30pm- Bingo with Joyce	31 8:30am – Kirkland Fried Eggs 10am- <b>Halloween Visit from Babies at Francofluer et Miel Daycare</b> 2pm- <i>Halloween Party with Dave Rodgers</i> 5:30pm- <b>Trick or Treaters (Lobby)</b> <small>Halloween</small>	 <h1 style="margin: 0;">October 2017</h1> <h2 style="margin: 0;">Life Enrichment Programs</h2>			